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Network

2012 Alzheimer Symposium

A Palliative Approach to Dementia Care

Friday March 2, 2012
Hyatt Regency Toronto
370 King Street, Toronto, ON

Register now at:
**[www.torontorehab.com/events/
AlzheimerSymposium/registration](http://www.torontorehab.com/events/AlzheimerSymposium/registration)**

This is a must-attend event for all health care professionals and students working in the geriatric field including physiotherapists, occupational therapists, nurses, social workers, program service managers, physicians and others.

Partner

Alzheimer Society
TORONTO



Participate in this one-day forum that will explore a palliative care approach to dementia in order to optimize quality of life throughout the journey of those living with Alzheimer's Disease. The workshops, which will be repeated twice during the day, will include topics such as relational care at the end of life, engaging patients in day-to-day life, communicating with families and management of dysphagia for patients with advanced dementia. If you prefer to experience first-hand how the various senses are impacted by aging and dementia, you will be able to participate in our aging simulation. Spaces will be limited for this session. Make sure to register early!

Finally, an interactive panel discussion will complete the program in which participants will appreciate the ethical and faith-based perspectives of end of life decisions for individuals with dementia and their families.

Don't miss out and attend the 2012 Alzheimer Symposium!
Register online now!
www.torontorehab.com/events/AlzheimerSymposium/registration

Program Agenda

7:30 – 8:30 a.m. Registration and Continental Breakfast

8:30 – 8:45 a.m. Welcoming Remarks

8:45 – 9:30 a.m. What is the Role for Palliative Care in People Living with Dementia?

Jeff Myers, MD, MEd, CCFP

Head, Palliative Care Consult Team, Co-Program Head, Patient and Family Support Program, Odette Cancer Centre, Sunnybrook Health Sciences Centre; Associate Professor and Associate Head, Division of Palliative Care, Department of Family and Community Medicine, University of Toronto

In this session the field of palliative care will be defined and differentiated from a general palliative care approach to the care of patients and family members. The roles for both the field of palliative care and the integration of "palliative care-related clinical competencies" in the care of people living with dementia will be explored.

9:30 – 10:00 a.m. Nutrition Break and Exhibit Viewing

10:00 – 11:00 a.m. Workshops – Session 1 (4 concurrent workshops)

Please note: Workshops 2 to 4 will be repeated at 2:25 pm until 3:25 p.m. Workshop 1A will not be repeated and will be replaced by workshop 1B.

Workshop 1A will take place in the morning only.

Balancing Safety, Quality of Life and Nutrition in the Management of Dysphagia for Patients with Advanced Dementia

Andrea Tersigni, MSc.A-SLP(C) Reg., CASLPO

Speech-Language Pathologist, Toronto Rehab, University Health Network

Pat Gottschalk, RD, CDE

Clinical Dietitian, Aramark at Toronto Rehab, University Health Network

This workshop will allow participants to understand how swallowing evolves during the course of dementia and subsequent management options. It will provide you with take home practical, hands-on feeding strategies that can be implemented in a variety of care settings. Finally, it will demonstrate how respecting the wishes of the substitute decision maker can influence the balance of safety, quality of life and nutrition on an individual basis.

Workshop 1B will take place in the afternoon only.

Engaging Patients in Day-to-Day Life

Danielle Coughlin, Therapeutic Recreationist, Geriatric Psychiatry, Toronto Rehab, University Health Network

Willie Si, Therapeutic Recreationist, Geriatric Psychiatry, Toronto Rehab, University Health Network

Sylvia Davidson, OT, Advanced Practice Leader, Geriatrics Program, Toronto Rehab, University Health Network

Finding ways to engage persons with dementia in meaningful activities is often challenging, yet it presents an important opportunity to enhance quality of life on a daily basis. This workshop will present an overview of techniques, approaches, and therapeutic recreation programs used on our inpatient psychogeriatric unit. It will also highlight the interprofessional collaboration that takes place between the therapeutic recreationists, the occupational therapist and the occupational therapy assistant.

Workshop 2: Shifting Families from Dementia Care to Palliative Care

Dianna Drascic, RN, MScN

Educator, Hospice Palliative Care Ontario, Assistant Clinical Professor, School of Nursing, McMaster University

As the landscape alters and loved ones move closer to death, families struggle with new labels when everything looks the same. The onset of new symptoms such as dysphagia or pneumonia in the last months, often bring crises that take families and staff by surprise. This session will focus on helping families to understand the shifting scenario and be comfortable with the transition to palliative care.

Workshop 3: (Space will be limited for this session).

Aging Simulation

Esther Atemo, BAsc, Gerontology, MA
Public Education Coordinator, Alzheimer Society of Toronto

Jordanne Holland, BAH Health Studies, MSW

Public Education Coordinator, Alzheimer Society of Toronto

In this workshop participants will explore how the various senses are impacted by aging and dementia. Participants will experience firsthand what difficulties may arise performing routine tasks. Discussion about the physical, psychological and emotional changes participants experienced will follow the simulation.

Workshop 4: Relational Care at the End of Life

Veronique Boscart, RN, MScN, MEd, PhD
Research Fellow, Toronto Rehabilitation Institute, University Health Network; Assistant Clinical Professor, School of Nursing, Faculty of Health Sciences, McMaster University

This session will provide an overview of the needs of people with Alzheimer Disease who are in the process of dying and the appropriate nursing interventions. We will also discuss the roles and responsibilities of nurses with respect to advanced care directives. Case studies, resources and time for exploring specific care issues will be provided.

11:00 a.m. – 12:00 p.m. Mapping the Alzheimer's Journey: Decisions to Enhance Dignity and Comfort

Jocelyn Charles, MD, CCFP, MScCH
Medical Director, Veterans Centre, Chief, Family & Community Medicine, Sunnybrook Health Sciences Centre; Associate Professor, Department of Family & Community Medicine, University of Toronto

One of the most challenging issues facing people with Alzheimer's Disease and their families is making increasingly difficult care decisions as the disease progresses. Establishing and maintaining a common understanding of the overall goal of care between the patient, family and care providers is essential. In addition, ensuring clear, reasonable expectations of the potential benefits of various treatments available promotes decision making that can reduce suffering and enhance quality of life.

12:00 – 1:00 p.m. Networking Lunch and Exhibit Viewing

1:00 – 2:15 p.m. Interprofessional Panel Discussion: The Challenges of Making End of Life Decisions: Ethical Issues and Cultural Differences

Participants will appreciate the ethical and faith-based perspectives of end of life decisions for individuals with dementia and their families.

Moderator: Ron Keren, MD, FRCPC

Assistant Professor, Department of Psychiatry, University of Toronto; Interim Medical Director, Geriatric Rehabilitation Program, Toronto Rehabilitation Institute, University Health Network

Panel Members:

Nathan Herrmann, MD, FRCPC
Head, Division of Geriatric Psychiatry, Sunnybrook Health Sciences Centre; Professor, Department of Psychiatry, University of Toronto

Shabbir M.H. Alibhai, MD, MSc, FRCP(C)
Consultant Geriatrician and Scientist, Toronto Rehab, University Health Network; Associate Professor, Departments of Medicine and Health Policy, Management, and Evaluation, University of Toronto

Rory Fisher, MB, FRCP(Ed)(C)
Staff Physician, Division of Geriatric Medicine, Sunnybrook Health Science Centre; Professor Emeritus, Department of Medicine, University of Toronto

Ann Heesters, BEd, BA, MA, PhD (ABD)
Associate Director of Bioethics, Toronto Rehab, University Health Network

2:15 – 2:25 p.m. Time for transition to the workshops

2:25– 3:25 p.m. Workshops – Session 2 (4 concurrent workshops)

Please note: Workshops 2 to 4 will repeat the morning's content. Workshop 1B will replace Workshop 1A, it does not repeat the morning's workshop. Please see descriptions at 10:00 a.m.

3:25– 3:45 p.m. Nutrition Break & Time to return to the main room

3:45– 4:30 p.m. People First: Dignity of Care and Quality of Life for Those Living with Dementia

Joy E. Greenleese, MSW, RSW
Clinical Social Worker, private practice, Allied Health Professional, New Vision Family Health Team

Grounded in her own experiences and those of others who have cared for someone with dementia, Joy will suggest a philosophy of care that respects the need of those with dementia to self-determine and that respects the expertise of those who care for and love them. Being accepted "as one is", being empowered to make care decisions, and expecting trust and respect to characterize relation-

continued over

ships with service providers are key concepts driving the work of the Behavioural Support in Ontario Project. These concepts will inform the approach discussed, illustrated with examples and stories from Joy's own caregiving experience.

4:30 p.m. Evaluation, Wrap-Up and Closing Remarks

Registration Information

 Register online at: www.torontorehab.com/events/alzheimersymposium/registration

Register by Friday January 20, 2012 to take advantage of our Early Bird special.

You can also receive a discount on registration if three or more people from the same organisation register.

Registration includes a continental breakfast, refreshment breaks, lunch and a certificate of attendance.

Conference Rates

\$235 Early Bird Rate before January 20, 2012

\$275 Individual Rate

\$245 Group Rate* (cost is per person)

\$165 Student Rate**

**Groups of three or more from the same organisation*

***Students must present a photocopy of a valid student ID*

Registration closes at 5 p.m. on Tuesday February 28, 2012.

Payment by VISA, MasterCard or cheque must accompany the completed online registration form. All cheques must be made payable to the order of Toronto Rehabilitation Institute. Payment must be received on or before Friday, February 10, 2012.

Registration deadlines and fees are subject to change.

Cancellation Policy

A full refund, minus a \$75 administration fee, will be issued for cancellations received via facsimile or e-mail on or **before Friday, February 10, 2012**. No refunds will be issued after this date. Refunds will not be granted to registrants who do not attend the conference.

If you would like more information about registration guidelines and prices, please contact Toronto Rehab's Conference Services by email at registration@torontorehab.on.ca or by phone at 416-597-3422, ext. 3693.

Conference Venue

Hyatt Regency Toronto
370 King Street
Toronto, ON M5V 1J9

Hotel Reservations

Please call direct to the hotel at 416-343-1234 and ask for the Reservations Department. You can also call the Toll Free number at 1-888-421-1442.

Please mention the "Toronto Rehabilitation Institute" in order to receive our special hotel rate of \$179.00/night plus taxes. Please ensure that you book on or **by February 9, 2012** as the rates are subject to availability if reservations are made after this date.

About Us

One of North America's leading academic rehabilitation sciences centres, Toronto Rehab is revolutionizing rehabilitation by bringing together innovative patient care, groundbreaking research and inter-professional education to build healthier communities and advance the role of rehabilitation within an integrated health system. Toronto Rehab, along with Toronto Western, Toronto General and Princess Margaret Hospitals, is a member of the University Health Network and affiliated with the University of Toronto.

If you would like to support Toronto Rehab's work, please contact the Toronto Rehab Foundation at [416-597-3040](tel:416-597-3040) or foundation@torontorehab.on.ca. For more information about this conference or other Toronto Rehab events, please contact Conference Services at:

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www.torontorehab.com

Toronto Rehab is a teaching and research hospital
fully affiliated with the University of Toronto.